

A Choice of Meals Available!

Each meal is prepared on the premises using fresh ingredients on a daily basis. We offer a main meal, vegetarian option (V), or a jacket potato option (J) and a choice of dessert. We are able to cater for Gluten Free and Lactose Free diets.

Fresh fruit, yoghurt, salad, coleslaw, wholemeal bread and water are available daily.

Available Everyday

You may purchase a carton of fresh semi skimmed milk to have with your dinner.

These are available via the 'Cool Milk Scheme'. You can register for this on www.coolmilk.com or phone 0844 854 2913 or collect a form from the main entrance of the school.

Payment of Dinners

All payments for School Dinners need to be made in advance via

www.schoolgateway.com

Any dinner money left in credit at the end of the week will be carried over to the following week.

Nutrition Matters



Our menu meets the Government Food Standards

Do I qualify for Free School Meals?

If you receive **any** of these benefits, then you will be entitled to Free School Meals:

- Income Support (IS)
- Income-based Jobseeker's Allowance (IBJSA)
- Income-related Employment and Support Allowance (IRESA)
- The guaranteed element of State Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190)
- Working Tax Credit run-on (the payment you get for a further four weeks after you stop qualifying for WTC)
- Support under Part VI of the immigration and Asylum Act 1999
- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)

If you have recently become unemployed but are still receiving Working Tax Credits, you may be entitled to Free School Meals, please call on **0345 155 1019** for advice.

How do I apply?

Visit:

<https://www.cloudforedu.org.uk/ofsm/bickleighdown>



Menu

Autumn 2023 & Spring 2024



Free for KS1 and only £2.75 a day for KS2

Weeks Commencing 30 Oct, 20 Nov, 11 Dec, 15 Jan, 5 Feb, 4 Mar 25 Mar		Week 1
Monday	Pasta Bolognese (1,5,8) Filled Jacket Skins (V) (6,8) Jacket Potato with Tuna Mayo or Beans or Butter (3,4,6,8) Sweetcorn/Green Beans (8) Chocolate Brownie (1,3,5)	
Tuesday	Bickleigh Breakfast (1,5,8) Cheese Toastie (V) (1,5,6) Jacket Potato with Cheese or Beans or Butter (6,8) Hashbrowns/Tomato Sauce (5,7,8) Beans/Sweetcorn (8) Jelly and Fruit	
Wednesday	Roast Beef and Yorkshire Pudding (1,3,6) Vegetarian Roast (V) (1,5,6) Jacket Potato with Tuna Mayo or Beans or Butter (3,4,6,8) Roast Potatoes (8) Carrots/Cauliflower/Gravy (1,5,8) Chocolate Drop Biscuits (1,5,6)	
Thursday	Beef Burger in a Bap (1,5) Veggie Burger in a Bap (V) (1,5,8) Jacket Potato with Cheese or Beans or Butter (6,8) Mixed Vegetables/Peas (8) Raspberry Ripple Mousse (6)	
Friday	Chicken Nuggets (1,6) Macaroni Cheese (V) (1,6,7) Jacket Potato with Cheese or Beans or Both or Butter (6,8) Chips/Tomato Sauce (1,7) Peas/Sweetcorn (8) Funky Friday Cake (1,3,5)	

Weeks Commencing 6 Nov, 27 Nov, 1 Jan, 22 Jan, 19 Feb, 11 Mar		Week 2
Monday	Local Sausages (1,5) Cheese Toastie (V) (1,5,6) Jacket Potato with Tuna Mayo or Beans or Butter (3,4,6,8) Potato Wedges (1) Sweetcorn/Peas (8) Apple Cake and Custard (1,3,5,6)	
Tuesday	Pepperoni Pizza (1,5,6) Cheese Wheels (V) (1,5,6) Jacket Potato with Cheese or Beans or Butter (6,8) Wholegrain Rice (8) Carrots/Peas (8) Arctic Roll (1,3,5,6)	
Wednesday	Roast Chicken Cauliflower Cheese (V) (1,5,6,8) Jacket Potato with Tuna Mayo or Beans or Butter (3,4,6,8) Roast Potatoes (8) Carrots/Broccoli/Gravy (1,5,8) Custard Biscuits (1,5,6)	
Thursday	Lasagne with Garlic Bread (1,3,5,6,7,8) Vegetarian Slice (V) (1,5,8) Jacket Potato with Cheese or Beans or Butter (6,8) Green Beans/Broccoli (8) Date Crispy (1,5,8)	
Friday	Breaded Fish Fillets (1,3,4,5,6) Vegetarian Quiche (V) (1,3,5,6,7) Jacket Potato with Cheese or Beans or Both or Butter (6,8) Chips/Tomato Sauce (1,7) Baked Beans/Peas (8) Fruit Cupcake (1,3,5,8)	

Weeks Commencing 13 Nov, 4 Dec, 8 Jan, 29 Jan, 26 Feb, 18 Mar		Week 3
Monday	Sausage Roll with Potato Rounds (1,5,6,8) Three Bean Burritos (V) (1,5,6,8) Jacket Potato with Tuna Mayo or Beans or Butter (3,4,6,8) Sweetcorn/Peas (8) Fruit Flapjack (1,5,8)	
Tuesday	Steak Pie (1,5) Cheese and Broccoli Slice (V) (1,5,6,8) Jacket Potato with Cheese or Beans or Butter (6,8) Mashed Potato (6) Cauliflower/Peas (8) Ice lolly	
Wednesday	Roast Gammon Quorn Roast (V) (3,5,6,8) Jacket Potato with Tuna Mayo or Beans or Butter (3,4,6,8) Roast Potatoes (8) Carrots/Cabbage/Gravy (1,5,8) Chocolate Chip Cookie (1,5)	
Thursday	Local Sausages (1,5) Quorn Sausages (V) (1,5,8) Jacket Potato with Cheese or Beans or Butter (6,8) Mashed Potato (6) Baked Beans/Peas (8) Syrup Sponge Cake (1,3,5)	
Friday	Fish Fingers (1,3,4,5,6) Homemade Vegetarian Tart (V) (1,5,6) Jacket Potato with Cheese or Beans or Both or Butter (6,8) Chips/Tomato Sauce (1,7) Peas/Spaghetti Hoops (1,5,8) Chocolate Fudge Cake (1,3,5,6)	

LIST OF ALLERGENS

- 1: Gluten 2: Celery 3: Eggs 4: Fish
5: Lupin 6: Milk 7: Mustard 8: Sulphites

